# Discussion on the problems and countermeasures of the rehabilitation personnel returning to the society

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**Abstract:** At present, China continues to develop the socialization of drug control work, actively explore new models of drug control work, deeply carry out community drug treatment and community rehabilitation work, provide integrated services for drug rehabilitation personnel through the introduction and training of professional social work forces, help drug addicts improve their motivation for drug treatment, consolidate the effectiveness of drug withdrawal, and help them successfully return to society. There are many difficulties in drug rehabilitation. In addition, drug rehabilitation started late, and there are many problems and difficulties in carrying out the work. There are some limitations and deficiencies in the traditional education and rehabilitation model. It has become an important development trend for drug addicts to realize socialization through education and rehabilitation. At present, it is particularly necessary to optimize the government support for drug rehabilitation personnel; Optimize the support work of social organizations; Optimize the work of community support and give full play to the role of social support system such as family and friends. Education of social groups, reduction of social discrimination and mobilization of peer support for successful drug rehabilitation to enable them to successfully reintegrate into society. This article is intended to explore the existing problems and improvement ways of the current grid service management of drug rehabilitation personnel in China from the perspective of modernization of social governance, in order to further improve the grid service management system of drug rehabilitation personnel, for your reference.

### 1. Introduction

At present, China is in a social transformation period from "State management" to "State governance" and from "Social management" to "Social governance". The introduction and implementation of community-based drug rehabilitation measures has changed the original single model of compulsory and voluntary drug rehabilitation to a certain extent, advocated the multi-dimensional integration of drug rehabilitation resources, and made up for the weakness and insufficiency of the judicial power of drug rehabilitation, it enriches and enriches the social power of drug rehabilitation and creates a good objective environment for drug addicts to quit drug addiction and return to the society. As drug users trade more and more drugs through the dark net, the volume of which is increasing at an annual rate of 50 per cent, our country faces the dual pressures of containing the rapid spread of synthetic drugs and consolidating the achievements of heroin control. The governance mechanism and governance relationship have been fundamentally transformed. Social organizations and citizens are no longer simply the object of public governance, but should become the governance subject, so as to realize the self governance of the governance subject, that is, the Democratic reconstruction of the governance mode ". The severe drug situation requires China to constantly innovate drug control work. Therefore, Shanghai, Shenzhen, Guangzhou, Foshan and other cities began to purchase services through the government, especially in the community drug rehabilitation work, introduce social work to carry out drug control services, and pay attention to the socialization of drug control work. Practice shows that compulsory drug isolation and rehabilitation is a systematic social project, which requires the participation, cooperation and support of multiple social subjects and social forces in drug rehabilitation, the joint teaching and assistance of social forces such as relatives, social organizations, social workers, volunteers and volunteers, and the construction of a compulsory drug isolation and rehabilitation center supported by the Party committee and government Education and rehabilitation work pattern focusing on relatives of drug addicts and based on social forces such as volunteers and social workers [2].

Drug is the source of social disorder, to promote drug addicts to get rid of addiction, integration and return, society is the world's governments are actively exploring to solve the problem. In fact, no matter what the means, drug rehabilitation personnel in the final analysis or to return to the community. The government under the rule of law, the country under the rule of law and the society under the rule of law should be built as a whole, and efforts should be made to govern the country by law, at the source, in a systematic and comprehensive manner, and to give full play to the role of the multi-subject system in innovating the system of social governance, it is the objective requirement and inevitable choice for the modernization of national governance to construct the social governance pattern that the whole people build and share together. "The core characteristic of modern governance lies in the diversification of governance subjects." The core of multi-governance lies in the reconstruction of public governance system and the realization of the division and transfer of governance power, that is, the government, enterprises, social organizations and citizens jointly govern public affairs. The state has formed a unique control system for this special group. Under this system, the identity of drug addicts is solidified and labeled, and it is difficult for forces outside the state to intervene; The individual drug addicts have a one-way dependence relationship with the state, and the autonomy, initiative and participation of drug addicts are ignored. The state intervenes and constructs the drug addicts' detoxification behavior with its strong administrative force and coercive force. There is a great tension and contradiction between the implementation of this community rehabilitation system and the actual withdrawal effect. We need to rethink the current situation of drug addicts' community rehabilitation, and explore the feasible path of drug addicts' community rehabilitation based on the actual needs of the main body.

## 2. Targets and characteristics of drug treatment and rehabilitation facilities

According to Article 7 of the measures for the administration of Drug Rehabilitation issued by the Bureau of Reeducation through Labor (administration of drug rehabilitation) of the Ministry of Justice, 1(hereinafter referred to as the measures for the administration): "The following persons shall be admitted to drug rehabilitation facilities: (1) those who voluntarily accept drug rehabilitation in the community; (2) those who voluntarily accept drug rehabilitation through reeducation through labor or after the expiration of the period of compulsory isolation for drug rehabilitation."Drug Rehabilitation in the community is an anti-drug work with Chinese characteristics that combines "Administration" with "Service." It is necessary to develop local theories while learning from foreign theories. Drug rehabilitation is usually considered to be a long-term process, that is, people with drug abuse experience, after physical and psychological detoxification, maintain a state of not taking drugs for a long time after returning to society. Although a large number of civil society organizations have sprung up in China since the 1980s, there is still a big gap compared with developed countries such as Europe and the United States, mainly in terms of insufficient development, small number, narrow coverage, unbalanced development and limited function. Although some services are also provided for the government, society and individuals, the overall quality is not high, It is difficult to adapt to the requirements of the transformation of government functions and the socialization of public management, and it is also difficult to assume the responsibility of the outward transfer of government functions [4]. Understanding the basic situation, rehabilitation status and rehabilitation needs of community rehabilitation personnel is the premise and foundation to provide effective rehabilitation services and improve and consolidate the effectiveness of community rehabilitation.

First of all, through community drug rehabilitation, depending on community medical personnel, different medical treatment for opioid and synthetic drug addicts will be provided to help drug addicts overcome their physical withdrawal reactions, and depending on community and social

organizations, to mobilize social forces such as anti-drug social workers, grid workers and anti-drug volunteers to carry out psychological treatment for drug addicts, scientifically assess their mental health status, and carry out psychological and psychological intervention separately according to individual policy, so as to correct the unhealthy psychology and deviant behavior of drug addicts, start to repair the family relations of drug addicts, the initial realization of drug addicts to adapt to society, return to society's internal motivation and external environment. The three types are all drug addicts with the same characteristics: they all have the general psychological and behavioral characteristics of drug addicts; They signed drug rehabilitation agreements with drug rehabilitation centers voluntarily; All have the will of detoxification ethics. The cooperation between compulsory isolation drug treatment centers and social organizations and public welfare groups is gradually increasing. Social forces and social resources are playing an increasingly important role in drug rehabilitation. Relying on the cadre training and talent training plans of relevant departments, some localities have carried out professional social work training and rotation training for police and staff in compulsory isolation and drug treatment places, included drug control and drug treatment social work services into the service catalogue purchased by the government, and strengthened financial security. The socialization of drug rehabilitation education is also an international experience and common practice [5].

# 3. Analysis of the main problems and causes in drug treatment and rehabilitation centers

The grass-roots prevention and control work can not rely solely on the comprehensive treatment, public security, health and other functional departments, especially the relapse problem caused by psychological, physiological, environmental and other factors, which requires the investment of more social forces. The anti drug social organization is one of the multiple subjects involved in drug social governance, a good partner and helper for the smooth development of anti drug work at the grass-roots level, anti drug volunteers Social forces such as anti drug charity need to rely on anti drug social organizations to play a role. Many management and education work in foreign compulsory isolation drug treatment centers depends on social workers and social organizations, especially social workers and volunteers. Social workers have a unique professional role in compulsory isolation and detoxification. Drug addiction is considered to be a brain disease prone to relapse. In addition to the withdrawal reaction brought about by the disease itself, drug rehabilitation personnel have to overcome psychological dependence on specific drugs in the course of drug rehabilitation, complete physical detoxification and psychological detoxification, but also to face from the family, social pressure. At present, the high relapse rate is an important problem to be solved urgently in our country's drug control work. Studies have shown that successful detoxification and social integration are closely related to social support, In the process of governance, the government, social organizations and othe, Case management intervention in the re-society of Drug Rehabilitation Personnel Research Ideas (see figure 1),rpublic actors cooperate with each other, coordinate with each other, and jointly manage public affairs. "Demand Governance" is more a dynamic process, is a mutual coordination, is a continuous interaction.

The community rehabilitation of drug addicts should not be a "constructed" drug rehabilitation measure. The best effect is naturally "I want to quit" rather than "I want to quit". The needs of community drug rehabilitation personnel are complex and diverse. In the past, a single service method could not well meet the needs of rehabilitation personnel, nor could it help them successfully quit drug addiction. Those who voluntarily accept drug rehabilitation from society must undergo health examination. There are certain limitations in the strength of the drug center itself, but the relevant social forces can not or can not make up for these deficiencies and defects, resulting in the fact that the relevant functional departments are still unable to meet their expectations despite the overload and fatigue operation, and the legal and social effects of drug rehabilitation are difficult to achieve the most ideal state. Formally speaking, social support can be divided into two categories: objective material support and non-objective spiritual support. In order to make research and decision-making truly conducive to the improvement of drug rehabilitation work, we should change our foothold and vision from top-down to bottom-up, more should be from

the system arrangement and policy implementation to give and guarantee the right that drug addicts should have. Anti-drug social workers are also facing great pressure of helping and teaching, with low salary and promotion space, which makes it difficult to attract professionals in medicine, education, social work, psychology and other fields into the field of anti-drug treatment and rehabilitation, and lacks a talent-training mechanism, more face the risk of training talent can not stay, often just familiar with the work, there are better job opportunities immediately find another, the team is unstable, professional management service level, difficult to improve development.

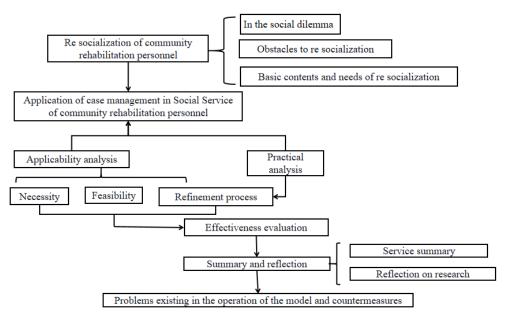


Fig. 1 Case management intervention in the re-society of drug rehabilitation personnel

## 4. Transformation and upgrading and experience model

In line with the new situation and requirements, the public security organs and relevant functional departments have been paying attention to accelerating the socialization of education and rehabilitation of drug addicts in recent years, and have successively deployed and carried out the activities of opening compulsory isolation drug treatment centers to the society, the pilot work of education and rehabilitation socialization, and promoting the specialization and socialization of medical and health care Bring the socialization of education and rehabilitation into the assessment of comprehensive treatment, etc. The utilization of social support refers to the individual's utilization of social support, that is, whether an individual can effectively use all kinds of social support and get a certain degree of satisfaction. Good social support is conducive to individual development, help the support object face the negative factors in life with a positive attitude, and maintain a good physical and psychological state. The purpose of governance is to use power to guide, control and regulate citizens' activities in various institutional relations, so as to maximize the public interest. Therefore, governance is a public management activity and public management process, which includes necessary public authority, management rules, governance mechanism and governance methods [7]. More pragmatically, it emphasizes the initiative, participation and change of the community rehabilitation personnel themselves. Starting from their own needs, it changes the passive "Construction" into the active "Choice". On the subject of participation, it emphasizes both the compulsory intervention of the government, it also pays attention to the service, has the rigid management, also has the flexible guidance, not only must have the government participation, but also must have the social coordinated advancement.

Establishing A demand-oriented service delivery mechanism. Based on the principle of demand-based management, the paper takes the rehabilitation needs of community-based rehabilitation personnel as the target of welfare service supply, and establishes reasonable and sufficient participation channels of rehabilitation personnel and relevant supporting rules and

procedures. Department of drug rehabilitation, the initial realization of drug rehabilitation personnel to adapt to society, return to society's internal motivation and external environment. After that, we will integrate all resources within and outside the community that are conducive to the re-socialization of drug rehabilitation personnel, develop vocational skills training and vocational guidance for Drug Rehabilitation Personnel, and encourage drug rehabilitation personnel to start their own businesses or return to employment, enterprises may be encouraged to accept some rehabilitated drug addicts for employment by way of tax reduction, and where conditions are met, assistance such as minimum living security or assistance in school or medical treatment may be coordinated. The model of government policy support mainly refers to the establishment of a cooperative mechanism between relevant functional departments and compulsory isolation drug rehabilitation centres for the education and rehabilitation of drug addicts with the support of the government, and to provide policies, funds, taxes, personnel, venues, and other aspects of tilt, support and protection. Meanwhile, the family members also cooperate with the compulsory isolation treatment centers, and actively contact the civil affairs, medical and health departments and employment departments of the registered residence, providing necessary help for the drug addicts in life, medical treatment and employment, and so on, and solve the practical problems of drug addicts effectively[9].

## 5. Conclusions

With the continuous exploration and practice of drug rehabilitation work, the administration of drug rehabilitation personnel will continue to improve, and better serve the overall situation of drug rehabilitation work, and further promote the rapid and sound development of drug rehabilitation cause. Effective integration of a variety of social resources, with a smaller input to achieve greater results, but also the scope and level of social participation has been extended and expanded. At the same time, drug rehabilitation personnel themselves are also the focus of anti-drug publicity. In the anti-drug publicity and education aimed at drug rehabilitation personnel, attention should be paid to guiding them to build up a correct understanding of drug rehabilitation and a correct understanding of setbacks, actively cooperate with the management and treatment of the community and medical staff. The operation and implementation of community rehabilitation services are not separated from each other, but interrelated, continuous circulation and interlocking. From the seamless connection mechanism to the implementation of the first, second and third stages of community rehabilitation, it has constructed a complete rehabilitation system and rehabilitation model for drug addicts, and effectively solved their rehabilitation needs, physiological withdrawal Psychological rehabilitation and social rehabilitation [10]. Increase the elements of care and understanding in the publicity and education of drug control public opinion. For example, in the publicity and education of drug control in schools, we should not only educate the harm of drugs and how to refuse drugs, but also educate students to accept community drug rehabilitation personnel who have made mistakes and been punished with an open heart.

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